

POWERSYSTEMS

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POWER SYSTEMS SPONSORS FIT FOODIE 5K RACE WEEKEND

Nation's leading fitness equipment and accessories company partners with Cooking Light and Health for Fit Foodie 5K Race Weekend

KNOXVILLE, Tenn. – [April 11, 2014] – Power Systems, the fitness industry's leading provider of equipment and accessories, is teaming up with *Cooking Light* and *Health* as the official sponsor of the Fit Foodie 5k Race Weekend series.

The event is a 3-race series in Fairfax, VA (June 20-22), Austin, TX (September 12-14) and San Diego, CA (November 14-16). Each race, accurately themed as “Burn It to Earn It”, will be action-packed and full of good food and fitness. The race weekend begins on Friday night with a VIP party and a celebrity chef. Saturday morning, racers participate in a group stretch before hitting the starting line for a 5K race. After the race, runners can visit the Power Systems Retail Shop in the Finisher's Village to test and purchase featured products like Airoke™, TRX® Strong Board Balance, BOSU™, Dynamax™, and several Power Systems branded products such as tubing, stability balls and kettlebells.

Sunday morning participants can burn more calories at the Power Systems booth where they will work out with Nike Elite Athlete and Certified Personal Trainer, Patrick Goudeau. Patrick will lead them through a boot camp-style circuit training session designed to be fun and challenging and is sure to work up an appetite. After the workout, participants can join Patrick for a Q&A session.

For more information about Power Systems, go to www.powersystems.com.

About Power Systems

Power Systems, the leading provider of fitness equipment and accessories, was founded by Bruno and Julie Pauletto in 1986 and is recognized throughout the sports and fitness industries for its complete selection, superior customer care and fast delivery. Power Systems is committed to quality, innovation and service – utilizing a knowledgeable, professional and dedicated team to exceed customer expectations. All of our business transactions reflect a firm commitment to our core value...INTEGRITY.

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